



ALY'S PLACE
 Research-Based Counselling
 for Couples and Individuals
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LGBTQIA+ and Diversity Further Resources

ORGANISATION	PURPOSE	CONTACT	VIC/NATIONAL
Switchboard	A community based not-for-profit organisation that provides a peer based, volunteer run support service for LGBTQI+ people and their friends, families, and allies.	Victorian Pride Centre 79-81 Fitzroy Street St Kilda, VIC, 3182 admin@switchboard.org.au	VICTORIA
Rainbow Network	Search through our directory to connect you with LGBTQIA+ groups and services all over Victoria. Find a service for lesbian, gay, bisexual, queer, intersex, trans and gender diverse young Victorians.	Phone: (03) 9479 8870 rainbownetwork@latrobe.edu.au	VICTORIA
Rainbow Door	A free specialist LGBTQIA+ helpline providing information, support, and referral to all LGBTQIA+ Victorians, their friends and family.	Phone: 1800 729 367 Text: 0480 017 246 support@rainbowdoor.org.au	VICTORIA
Bi Alliance	A non-profit volunteer-run organisation dedicated to promoting the acceptance of bi+ people in LGBTQIA+ and mainstream society.	info@bi-alliance.org FaceBook	VICTORIA
Transfamily	A warm and understanding environment for friends and family of trans and gender diverse people to share experiences, ask questions, seek advice and support.	FaceBook	VICTORIA



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Monash Health	Gender Services such as clinical support, intersex support groups, key advocacy organisations, parents/family/friends support, etc.	Website	VICTORIA
WIRE	The only Victoria-wide free generalist information, support and referral service run by women and non-binary people for women, non-binary, and gender-diverse people.	Level 1, Donkey Wheel House Building, 673 Bourke Street, Melbourne. Phone: 1300 134 130 support@wire.org.au Webchat	VICTORIA
Parents of Gender Diverse Children (PGDC)	Direct support to parents or those parenting a trans or gender diverse person. information, referrals, peer support and connections within this community.	Phone: 03 9663 6733 info@pgdc.org.au	VICTORIA
Thorne Harbour Health	A LGBTQIA+ community-controlled organisation, governed by their members, and working for their sex, sexuality, and gender diverse communities.	200 Hoddle Street Abbotsford VIC 3067 Phone: (03) 9865 6700 enquiries@thorneharbour.org	VICTORIA
WithRespect	WithRespect provides resources, tips, and advice for LGBTQIA+ people on having and maintaining healthy relationships.	Phone: 1800 542 847 enquiries@ds.org.au	VICTORIA
Transgender Victoria (TGV)	The primary objective of the TGV is to achieve justice, equity and quality health and community service provision for transgender people their partners, families, and friends.	100 Drummond Street Carlton VIC, 3053 hello@tgv.org.au FaceBook	VICTORIA



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<u>Lifeline</u>	A national charity providing all Australians experiencing emotional distress with access to 24 hour crisis support & suicide prevention.	Phone: 13 11 14	NATIONAL
<u>KIDS Helpline</u>	Kids Helpline is Australia's only free (even from a mobile), confidential 24/7 online and phone counselling service for young people aged 5 - 25.	Phone: 1800 55 1800	NATIONAL
<u>SUICIDE Callback Service</u>	Suicide Call Back Service is a free nationwide service providing 24/7 phone and online counselling to people affected by suicide.	Phone: 1300 659 467	NATIONAL
<u>Beyond Blue</u>	Support and information around depression and anxiety.	Phone: 1300 22 4636 <u>Email</u> <u>Webchat</u>	NATIONAL
<u>Minus 18</u>	Australia's largest youth-led network for gay, bi, lesbian, and trans teens.	<u>FaceBook</u> <u>Instagram</u>	NATIONAL
<u>Black Rainbow</u>	A non-profit 100% Indigenous owned and operated. Black Rainbow is premised by advocacy, leadership, and solutions that identify and address social and cultural determinants of wellbeing related to Aboriginal and Torres Strait Islander Australians who identify as LGBTQIA+SB.	<u>FaceBook</u> <u>Instagram</u>	NATIONAL



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<p>Qlife</p>	<p>QLife provides anonymous and free LGBTI peer support and referral for people in Australia wanting to talk about sexuality, identity, gender, bodies, feelings, or relationships.</p>	<p>Phone: 1800 184 527 Webchat</p>	<p>NATIONAL</p>
<p>Transcend Australia</p>	<p>Transcend's purpose is to support, affirm and celebrate the lives of trans and gender diverse and non-binary (TGDNB) children and their families and carers.</p>	<p>FaceBook Instagram</p>	<p>NATIONAL</p>
<p>PFLAG Australia (Parents, Family and Friends of Lesbian and Gay)</p>	<p>A peer support group assisting parents, families and friends who have a loved one come out as LGBTI, offering support and education/ awareness.</p>	<p>Phone: 1300 000 000 info@pflagaustralia.org.au</p>	<p>NATIONAL</p>
<p>Intersex Human Rights Australia</p>	<p>A national body by and for people with intersex variations.</p>	<p>Phone: 0418356131 info@ihra.org.au</p>	<p>NATIONAL</p>
<p>Intersex Peer Support Australia</p>	<p>An intersex peer support, information and advocacy group for people born with variations in sex characteristics and their families.</p>	<p>info@isupport.org.au</p>	<p>NATIONAL</p>
<p>Forcibly Displaced People Network</p>	<p>The first registered LGBTQIA+ refugee-led organisation in Australia. They work to support LGBTQIA+ people seeking asylum, refugees, and migrants from non-Western countries to be safe in Australia.</p>	<p>admin@fdpn.org.au FaceBook</p>	<p>NATIONAL</p>